

SEPTEMBER IS

Suicide Prevention Month

IF YOU OR SOMEONE YOU
KNOW IS STRUGGLING
CALL OR TEXT 24/7 TO

988

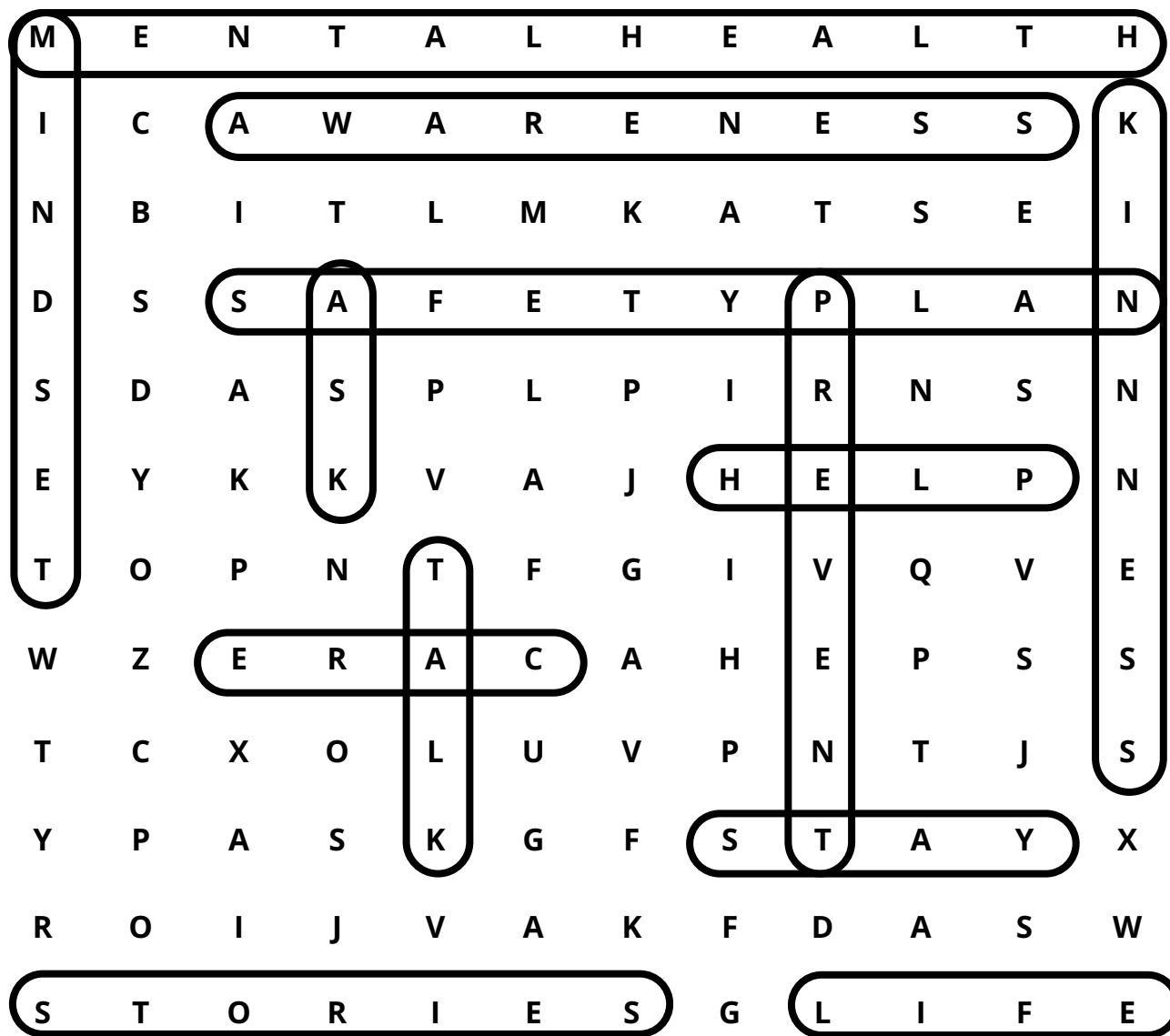
M	E	N	T	A	L	H	E	A	L	T	H
I	C	A	W	A	R	E	N	E	S	S	K
N	B	I	T	L	M	K	A	T	S	E	I
D	S	S	A	F	E	T	Y	P	L	A	N
S	D	A	S	P	L	P	I	R	N	S	N
E	Y	K	K	V	A	J	H	E	L	P	N
T	O	P	N	T	F	G	I	V	Q	V	E
W	Z	E	R	A	C	A	H	E	P	S	S
T	C	X	O	L	U	V	P	N	T	J	S
Y	P	A	S	K	G	F	S	T	A	Y	X
R	O	I	J	V	A	K	F	D	A	S	W
S	T	O	R	I	E	S	G	L	I	F	E

- TALK
- ASK
- PREVENT
- CARE
- KINDNESS
- AWARENESS
- SAFETY PLAN
- MINDSET
- STORIES
- STAY
- MENTAL HEALTH
- HELP
- LIFE

WORD-SEARCH

BY





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WORD-SEARCH CHEAT SHEET